

MEDIA KIT 2019



bout Marla

From traveling to the best ski destinations, taking care of yourself and staying glam midadventure, indulging in the very best cuisine, or cuddling up by the fire and enjoying my favorite recipes. Please, join me!

Marla Meridith is a self-taught home cook, travel/food blogger and cookbook author. She has close to one million followers.

This mom of two from New York lives at 9,000 feet in the mountains of Telluride, Colorado.

Always on the quest for big adventure, her move to the Rocky Mountains inspires her to introduce her followers to gorgeous and delicious adventures in food, travel, outdoor activities and the latest and coolest fashion and beauty trends.

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HIGH ALPINE CUISINE

Inspired Dishes from Extraordinary Mountain Escapes Around the World

MARLA MERIDITH

Founder of MarlaMeridith com-







AUTHOR OF ..

Ligh Alpine Cuisine

Inspired by Marla's travels to the mountains of the Swiss Alps, Austria, Utah and Colorado, these recipes for energy-packed comfort foods will fuel your active day while transporting you to high culture resorts and panoramic mountain vistas. Warm up after a frosty day on the slopes with recipes such as Chamonix Onion Soup Gratinée, One-Pot Swiss Alpine Macaroni, Elk Spaghetti Bolognese, Pizokel, Krautfleckrl and Rancher's Bison Sliders. Cool down after a day of hiking with High Country Salad, Bourbon Peach Semifreddo and an Alpenglow Martini.

"I always love how Marla gives us a peek into the alpine life; a glamorous feast for the senses full of snow, scenery and amazing food and drink. From Belly-Filling Breakfasts to Luscious Libations, Marla has you begging to hit the slopes and embrace the good life."

-HEATHER CHRISTO, chef and food writer



* 85% Female

☆ Age 24-45

* English Speaking

MarlaMeridith.com offers a community of loyal and engaged readers who also interact across social media platforms. Readers are primarily female, aged 24-45, tertiary educated, mid-high disposable income, and well-traveled. MM readers primarily reside in English-speaking countries.

657k

136.3k

Pinterest Followers

Facebook Followers

35.5k

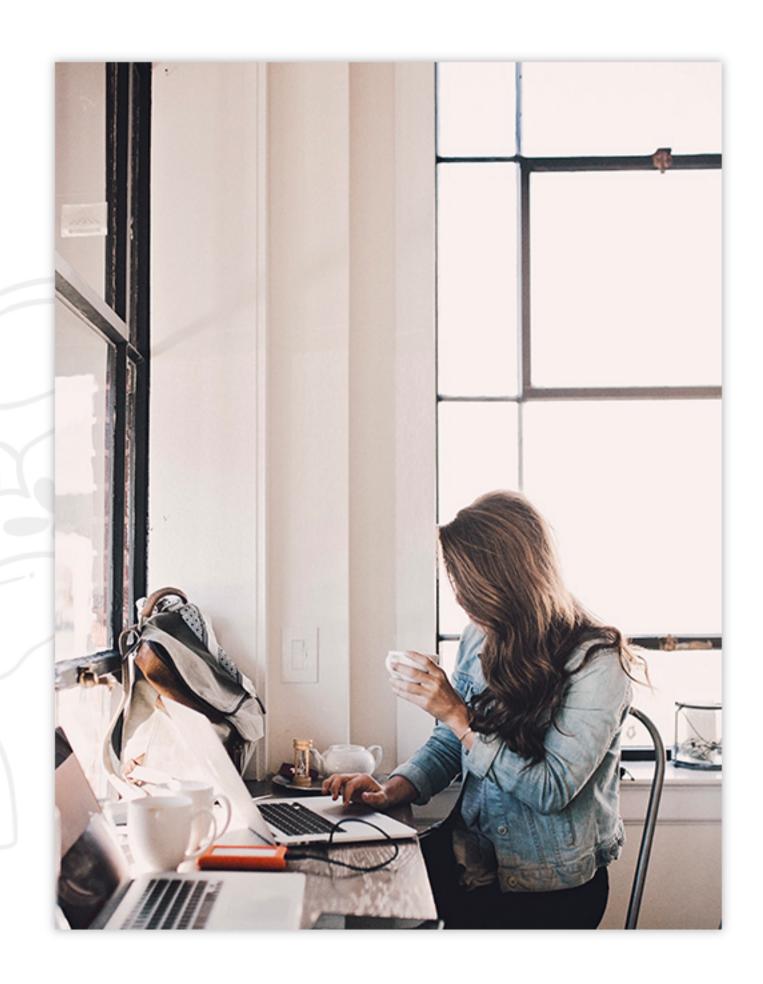
Instagram Followers

4,760

28.6k

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Videos can include cooking segments, product reviews, interviews, beauty and fashion trends, crowdfunding packages, event listings, location reviews, and more!



















bon appétit











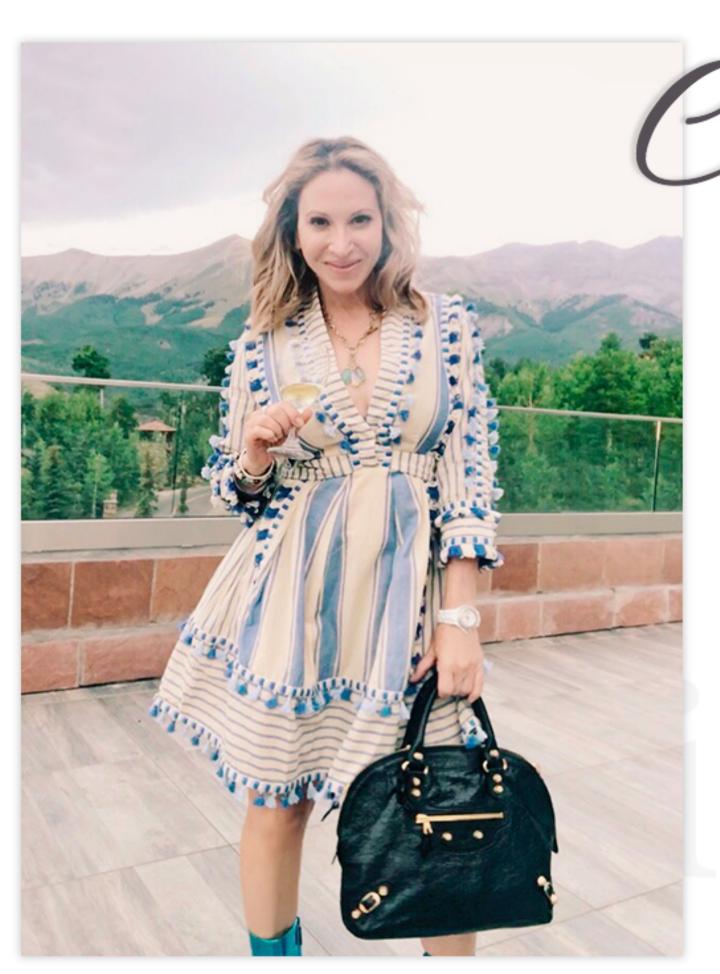






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For media inquiries please contact: donna@swoontalent.com LEARN MORE >











